

Adult Tennis: 16+

TIPTON SPORTS ACADEMY

Indoor Tennis Programme
January - December 2025

| Session | Date | Cost (per session) | Type of session |
|-------------------------------|-----------------------|-----------------------|-----------------------------|
| Adult Intermediates | Monday 7pm-8.30pm | £13.30 | Coaching |
| Adult Beginners & Improvers | Tuesday 7pm-8.30pm | £13.30 | Coaching |
| Adults AM (all levels) | Thursday 10am-12pm | £13.30 | Coaching (Special offer) |
| Community Tennis | Monday 8:30-10pm | £6.50 | Community Mix in |
| | Tuesday 8:30-10pm | £6.50 | |
| | Wednesday 8-10pm | £8.40 | |
| | Saturday 6-8pm | £8.40 | |
| | Sunday 6-8pm | £8.40 | |
| Cardio Tennis (all levels) | Wednesday 6pm-7pm | £7.30 | Fitness/Drills Session |

As places are limited, all adult coaching sessions should be pre booked in person or over the phone. Please call 0300 012 0121 (options 1, 3, 2) to book ahead for each week. You may book a block of sessions if you wish.

Adult Community sessions can be paid for on the day, and prices are per person/per session.

Adult Coaching sessions will be available for 50 weeks of the year, so please check available dates when booking.

Occasional missed dates (e.g. bank holidays and elections) will be advertised in advance on notice boards at Tipton Sports Academy.

Individual lessons are also available for adults, please speak to a member of our tennis team for further details.



For more details

Call: 0300 012 0121 (Option 1,3,2)
Email: lee.marks@slt-leisure.co.uk
Website: www.slt-leisure.co.uk



Youth Tennis: Ages 4-10

Youth Tennis Blue, Red, Orange & Green coaching sessions are designed for young players to learn tennis in a fun way, using softer balls, smaller courts and rackets.



| Session | Day/Time | Cost (per month) |
|---|--|---------------------|
| Youth Blue & Red (ages 4-8)   | Monday 4pm-5pm Tuesday 4pm-5pm Thursday 4pm-5pm Friday 4pm-5pm Saturday 9am-10am Saturday 10am-11am Saturday 2pm-3pm Sunday 10-11am | £28.25 |
| Youth Orange (ages 8-9)  | Monday 4pm-5pm Wed 4pm-5pm Friday 4pm-5pm Saturday 11am-12pm | £28.25 |
| Youth Green (ages 9-10)  | Monday 4pm-5pm Wed 4pm-5pm Friday 4pm-5pm Saturday 12pm-1pm | £28.25 |

Youth Tennis: Ages 11-16

In each session of our Youth Tennis Yellow Coaching programme you will receive tuition from expert tennis coaches, who will take you through all aspects of tennis from basic shots of the game through to match play and tactics.



| Session | Day/Time | Cost (per month) |
|---|---|---------------------|
| Youth Tennis Yellow (ages 11-16)  | Monday 5pm-6pm Wed 5pm-6pm Friday 5pm-6pm Saturday 1pm-2pm | £28.25 |

All sessions will run for 50 weeks of the year, with a 2 week break at Christmas

Sessions must be paid for via monthly direct debit

For planned closures such as bank holidays and elections, credits will be awarded on your following direct debit payment. Please refer to our Youth Tennis Squads terms and conditions further details

Higher level squads and individual lessons are available
Please speak to a member of the tennis team for further information

For further information visit:

slt-leisure.co.uk/tennis-lessons